

# City of El Paso de Robles

## PROCLAMATION

### “National Recovery Month” September 2014

#### *Prevention Works – Treatment is Effective – People Recover*

**WHEREAS**, behavioral health is an essential part of health and one's overall wellness; and

**WHEREAS**, prevention of mental and/or substance use disorders works, treatment is effective and people recover in our area and around the nation, and

**WHEREAS**, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and

**WHEREAS**, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, in 2012, among the 20.7 million adults with a past year substance use disorder, 40.7% (8.4 million) had a co-occurring mental illness, of this 8.4 million adults; 34% received mental health care only, 4.3% received treatment only for substance abuse and only 7.9% received both mental health care and treatment for substance use problems while 53.7% had no treatment at all, according to the 2012 National Survey on Drug Use and Health. Given the serious nature of this public health problem and the lives lost we must continue to reach the millions more who need help; and

**WHEREAS**, on October 1, 2013 as a result of the Affordable Care Act, more than 11 million uninsured individuals with behavioral health needs have become eligible for affordable insurance coverage for their treatment needs, according to the National Survey on Drug Use and Health. We must ensure that all of these individuals are successfully enrolled into coverage and we must also ensure that these individuals and families have access to a variety of effective treatment, recovery and prevention services that are available right here in San Luis Obispo County; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and the County of San Luis Obispo invite all residents of San Luis Obispo County to participate in National Recovery Month.

**NOW, THEREFORE, BE IT RESOLVED** that I, Duane Picanco, by virtue of the authority vested in me by the laws of San Luis Obispo County, do hereby proclaim the month of September 2014 as National Recovery Month In San Luis Obispo County and call upon the people of San Luis Obispo County to observe this month with appropriate programs, activities and ceremonies to support this year's Recovery Month.



IN WITNESS WHEREOF, on this 16<sup>th</sup> Day of September, 2014,  
I have hereunto set my hand and caused the Seal of the  
City of Paso Robles to be affixed.

*Duane Picanco*

Duane Picanco, Mayor  
City of El Paso de Robles